

THEO'S

SIMPLE

ITALIAN

CICCHETTI & ANTIPASTI

Great as nibbles with a drink before your meal or why not order a selection as sharing starters for the table.

CICCHETTI

Marinated Olives	£3.50 ✓	Smoked Almonds	£3.00 ✓
Polenta chips	£5.00 ✓	Focaccia	£4.00 ✓
Bruschetta, Theo's style	£6.00 ✓	Deep fried Calamari	£6.50
Prosciutto di Parma & Parmesan	£6.50	Zucchini Fritti	£5.00 ✓

ANTIPASTI

Salumi Misti e Burratina <i>Artisan salumi, Burratta, confit tomatoes & leaves</i> £18.95 (To Share)	Fritto Misto <i>Prawns, calamari, sea bream, sea trout & zucchini with aioli</i> £9.50/£18.95
Cozze al forte <i>Mussels in a spicy tomato sauce, garlic crostone</i> £10.95	Spicy meatballs <i>Veal, pork and beef meatballs, & tomato sauce, grilled bread</i> £6.95(3)/£13.50(6)
Stufato di fagioli ✓ <i>Slow cooked Borlotti beans, basil & tomato stew with toasted bread</i> £12	Swordfish carpaccio <i>Diced tomatoes, rocket, capers, chilli & Amalfi dressing</i> £12.95
Charcuterie Board <i>With dressed leaves & crostone</i> £9.95	Cheese board <i>Artisan Italian cheeses & crostone</i> £9.95

Food items on this menu may contain traces of nuts.
Please ask your server for more information regarding allergies.

All items are £2.50 per person charge will be applied to your bill

THEO'S

SIMPLE

ITALIAN

PRIMI

Risotto Pescatore	£13/£19
<i>Mussels, clams, prawns and fish in a San Marzano tomato sauce</i>	
Pappardelle Ragu	£12/£18
<i>Homemade thick ribbon pasta, beef ragu</i>	
Ravioli di Erbette ✓	£11/£17
<i>Homemade mixed greens ravioli, ricotta, sage butter sauce</i>	
Veal Cappelletti	£13/£19
<i>Homemade pasta filled with braised veal. Porcini & trompette de la mort</i>	
Mushroom Gnudi ✓	£9/£14.50
<i>Ricotta and mushroom gnudi, butter & porcini sauce</i>	

SECONDI

Pork fillet	£19.75
<i>Spinach, Trompette de la mort, crispy spec & jus</i>	
Pan fried sea bream	£20.95
<i>Grilled vegetables, tomato, capers & olives</i>	
Pan roasted sea trout	£21.95
<i>Sautee potatoes, olive, Datterini tomato, capers & roasted fennel</i>	
Tagliata di manzo	£21.95
<i>Bavette of beef, borlotti beans, tomato, wild rocket & salsa verde</i>	
Agnello al forno	£20.75
<i>Braised shoulder of lamb, celeriac, spinach, carrot, olives & rosemary</i>	

CONTORNI

Spinach, oil & lemon ✓	£5.00
Sautee potatoes with Rosemary and garlic ✓	£5.00
Garlic mashed potato ✓	£5.00
Mixed leaf salad ✓	£5.00
Zucchini fritti ✓	£5.00

Wine of the month, Theo recommends...

2015 Ponte del Diavolo, Sauvignon Blanc, Friuli-Venezia Giulia	£32/£7.75
<i>Rich and smooth with a long finish. Perfect with the Fritto Misto</i>	
2014 Paccamora, Nero d'Avola, Sicily, Italy	£34/£8
<i>Bold with subtly spiced fruit aromas. Match it with the meatballs</i>	

Food items on this menu may contain traces of nuts.
Please ask your server for more information regarding allergies.