

THEO'S

SIMPLE

ITALIAN

CICCHETTI & ANTIPASTI

Great as nibbles with a drink before your meal or why not order a selection as sharing starters for the table.

CICCHETTI

Marinated Italian Olives	£3.50 ✓	Smoked Almonds	£3.00 ✓
Panelle chips	£5.00 ✓	Focaccia	£3.00 ✓
Bruschetta, Theo's style	£6.00 ✓	Deep fried Calamari	£6.50
Prosciutto di Parma & Grana	£6.50	Zucchini Fritti	£5.00 ✓

ANTIPASTI

Fritto Misto

Deep-fried anchovies, fish of the day, zucchini and carrots, served with aioli
£12.90

Panzanella e Burrata ✓

Tuscan tomato salad, served with Burrata, celery & bread
£11.90

Insalata di Coniglio

Rabbit salad with mixed Italian radicchio leaves, olives and a pagnotta crumb
£8.20/£14.80

Caciucco

Traditional Tuscan fish stew made with red mullet, mussels, clams, datterini tomato and olives
£14.50

Salumi Misti e Burrata (for two)

Selection of Italian artisan salumi, Burrata, confit tomatoes & rocket
£17.75

Calamari Grigliati

Fresh grilled squid with a fennel orange and olive salad
£7.50/£13.50

Zuppa Primaveraile ✓

Spring vegetable soup with fresh peas, broad beans, asparagus, spinach and pesto
£11.90

Insalata Mista con Caprino ✓

Seasonal mixed leaves, datterini tomato, cucumber, goats cheese & aged balsamic dressing
£9.95

Food items on this menu may contain traces of nuts.
Please ask your server for more information regarding allergies.
A discretionary 12.5% service charge will be applied to your bill.
All prices are inclusive of VAT at the current rate.

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PRIMI

Taglierini Nero di Seppia	£12.80/£18.60
<i>Fresh squid ink taglioni pasta served with squid, zucchini, bottarga</i>	
Risotto Limone e Rosmarino ✓	£10.80/£16.20
<i>Risotto made with carnaroli rice, Amalfi lemons and fresh rosemary</i>	
Risotto Finocchio e Frutti di Mare	£12.60/£18.20
<i>Fennel scented risotto made with carnaroli rice, mussels and clams</i>	
Pappardelle al Ragu *house favourite	£11.75/£17.95
<i>Homemade wide ribbon pasta, with slow-cooked beef ragu and san marzano sauce</i>	
Agnolotti di Anatra *house favourite	£12.75/£18.95
<i>Homemade pasta filled with braised duck, served with Porcini & trompette de la mort mushrooms in a butter sauce</i>	

SECONDI

Fiorentina per Due *house favourite	£39.50
<i>Grilled 800g T-Bone steak for two, served with rocket, datterini tomato and parmesan</i>	
Tonno Pinna Gialla	£23.90
<i>Grilled yellow fin tuna with datterini tomato, olives and capers, topped with fresh fennel</i>	
Arrosto di Maiale	£21.90
<i>Roasted pork belly served with turnip tops and borlotti beans</i>	
Guanciale di Manzo Brasato	£22.80
<i>Slow-cooked ox cheek in red wine, served with polenta and chicory</i>	
Ombrina al Forno *house favourite	£21.80
<i>Roasted stone bass with asparagus, mussels, lemon and basil sauce</i>	
Frittata ✓	£15.90
<i>Italian eggs with fresh peas, broad beans, red onion, goats cheese and mixed leaves</i>	
Frittata Vegana ✓ve	£13.90
<i>Chickpea batter with fresh peas, broad beans, red onion and mixed leaves</i>	

CONTORNI

Spinach, oil & lemon ✓	£5.00	Mixed Leaf Salad ✓	£5.00
Roasted New Potatoes ✓	£5.00	Rocket Salad ✓	£6.00

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