

THEO'S

SIMPLE

ITALIAN

Set Menu

£22 for two courses / £26 for three courses
Available from Sunday to Thursday between 6pm until 7.30pm

PRIMI

Salumi Misti

Selection of Coppa di Parma, Spianata Calabra picant, Fennel salami, Prosciutto di parma shaved parmesan and pagnotta

Insalata di Polpo

Octopus salad with baby potatoes, datterini tomato, capers, olives, fennel and rocket

Zuppa di Pomodoro

with confit tomatoes, basil and olive oil

Bresaola di Manzo

Cured sliced beef with shaved zucchini, rocket and Parmigiano-Reggiano

Insalata Mista

Mixed Italian leaves, datterini tomatoes, cucumber, basil, mint and fresh goat's curd served with aged balsamic

SECONDI

Pappardelle al Ragù

Homemade wide ribbon pasta with slow cooked beef in red wine and San Marzano tomatoes

Risotto di Mare

Carnaroli rice with salmon, sea bass, prawns, clams, mussels, squid, tomato, fresh chili and parsley

Pollo alla Griglia

Grilled marinated chicken leg with castelluccio lentils, Swiss chard, chilli and mint dressing

Sformato di Ricotta e Spinaci

Baked ricotta cheese soufflé with Italian spinach, cream, parmesan served with mixed Italian leaves

Trota di Mare

Roasted sea trout fillet with grilled marinated aubergines, zucchini, red peppers basil, datterini tomatoes, capers and black olives

CONTORNI £4 each

Rocket and tomato salad
with grated pecorino

Roasted potatoes
with rosemary and garlic

Italian Spinach
with Sicilian and lemon

Zucchini Fritti

DOLCI

Flourless soft chocolate cake
with cream di mascarpone

Almond Tart
with strawberries and crème fraiche

Affogato
Vanilla ice cream with chilled espresso