

# THEO'S SIMPLE ITALIAN

## CICCHETTI

<b>Smoked Almonds</b> <small>n</small>	£3.00	<b>Deep fried Calamari</b> <small>c,e,f,m</small>	£7.00
<b>Marinated Italian Olives</b>	£3.50	<i>with lemon and aioli</i>	
<b>Zucchini Fritti</b> <small>c,m</small>	£4.00 <sup>v</sup>	<b>Salumi Misti</b> <small>m,c</small>	£12.50/£18.50
<i>deep fried courgettes</i>		<i>Coppa di Parma, Spianata Calabra, Picante</i>	
<b>Fresh Focaccia</b> <small>c,l</small>	£5.00 <sup>v</sup>	<i>Finocchiona with shaved parmesan and pagnotta</i>	
<i>with rosemary and salt</i>		<b>Fritto Misto</b> <small>c,e,f,m</small>	£12.50/£18.50
<b>Pagnotta Bruschetta</b> <small>c,l</small>	£5.00 <sup>v</sup>	<i>Selection of fried prawns, squid, salmon, aubergine</i>	
<i>with datterini tomatoes, marjoram and olive oil</i>		<i>zucchini, spinach, sage and garlic aioli</i>	
		<b>Spicy Meatballs</b> <small>c,m,l</small>	£8.50/£12.50
		<i>Homemade meatballs served with stracciatella di</i>	
		<i>bufala on pagnotta</i>	

## ANTIPASTI

### **Zuppa di Crescione e Piselli** m,ce

*Watercress and pea soup with crème fraiche*  
£8.50<sup>v</sup>

### **Insalata Mista** m

*Mixed Italian leaves, datterini tomatoes, cucumber, basil, mint and fresh goat's curd*  
*served with aged balsamic*  
£9.50<sup>v</sup>

### **Insalata di Polpo** f

*Octopus salad with baby potatoes, datterini tomatoes, fennel, capers, olives, chilli and rocket*  
£10.50

### **Burrata** m,l

*Fresh Burrata cheese with chicory, radicchio, heritage tomatoes, olives, basil and pagnotta*  
£11.50<sup>v</sup>

### **Prosciutto e Melone**

*Prosciutto di parma with honeydew melon*  
£12.50

### **Carpaccio di Branzino** f

*Thinly sliced sea bass with grapefruit, rocket, fresh chilli and radish*  
£13.50

### **Sgombro Affumicato** f,c,m

*Smoked mackerel with mixed Italian leaves, baby beetroot and horseradish cream*  
£10.50

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## PRIMI

### Tagliatelle con Calamari e Zucchini c,e,f

Homemade pasta with squid, zucchini, tomatoes and bottarga  
£13.00/£18.50

### Tagliatelle con Gamberi c,e,f,m

Homemade pasta with prawns served with samphire butter and parsley  
£13.00/£18.50

### Anatra Agnolotti c,e,m,ce

Homemade pasta stuffed with slow cooked duck parmesan, Porcini mushroom served in a butter sauce  
£13.00/£19.00

### Risotto di Asparagi m,e,ce

Asparagus risotto with parmesan, butter and parsley  
£11.00/£17.00v

### Ravioli di Erbette c,e,m

Homemade pasta filled with wild rocket, Italian spinach and ricotta cheese served in a butter and sage sauce  
£11.00/£17.00v

### Pappardelle al Ragù m,c,e,ce \*house favourite

Homemade wide ribbon pasta with slow cooked beef in red wine and San Marzano sauce  
£13.00/£19.00

## SECONDI

### Pesca all'Acqua pazza f,m

Fish of the day, cooked in white wine jus, tomatoes, fennel, capers, olives, chili, garlic and parsley  
£22.00

### Intero Sgombro alla griglia

Whole grilled mackerel served with fresh watercress salad and lemon  
£19.00

### Rana pescatrice e Spiedini di Capesante f,mo

Pan-roasted monkfish and scallops on rosemary sprigs, served with capers, parsley, tomatoes and chargrilled vegetables  
£25.00

### Controfiletto di Manzo mu

Beef sirloin with fresh borlotti beans, roasted datterini tomatoes, wild rocket and salsa verde  
£23.00

### Saltimbocca di Pollo

Chicken breast wrapped in prosciutto, zucchini trifolati and sage  
£19.00

### Groppa di Agnello mu

Pan-roasted lamb rump served with roasted zucchini, fennel, baby leeks, yellow peppers and salsa verde  
£22.00

### Tortino di Carciofi e Spinaci c,e,m

Artichoke and Italian spinach tart, served with mixed Italian leaves  
£17.00v

## CONTORNI £4.00 each

Rocket and tomatoes salad m  
with grated pecorino cheese v

Roasted potatoes with rosemary and garlic ve

Italian Spinach and lemon ve

Please inform the restaurant team of any allergies or dietary requirements.

N-nuts P-peanuts C-cereals containing gluters E-eggs F-fish S-soyaneans CR-crustaceans M-milk CE-celery  
MU-mustard SE-sesame L-lupin MO-molluscs SU-sulphur dioxide V-vegetarian VE-vegan

Prices are inclusive of VAT at the current rate. A discretionary 12.5% service charge will be applied to your bill.