

THEO'S SIMPLE ITALIAN

Lunch Menu Available Everyday from 12noon - 3pm

CICCHETTI

Smoked Almonds <small>n</small>	£3.00	Zucchini Fritti <small>c,m</small> <i>Deep fried courgettes</i>	£4.00
Marinated Italian Olives	£3.50	Deep fried Calamari <small>c,e,f,m</small> <i>with lemon and aioli</i>	£7.00
Fresh Focaccia <small>c,l</small> <i>with rosemary and salt</i>	£5.00 ^v	Salumi Misti <small>m,c</small>	£12.50/£18.50
Pagnotta Bruschetta <small>c,l</small> <i>with datterini tomatoes, marjoram and olive oil</i>	£5.00 ^v	<i>Coppa di Parma, Spianata Calabria, Picante Finocchiona with shaved parmesan and pagnotta</i>	

ANTIPASTI

Carpaccio di Branzino f

Thinly sliced sea bass with grapefruit, rocket, fresh chili and radish
£13.50

Insalata Mista m

Mixed Italian leaves, datterini tomatoes, cucumber, basil, mint and fresh goat's curd served with aged balsamic
£9.50^v

Burrata m,l

Fresh Burrata cheese with chicory, radicchio, heritage tomatoes, olives, basil and pagnotta
£11.50^v

Prosciutto e Melone

Prosciutto di parma with honeydew melon
£12.50

PRIMI

Risotto di Asparagi m,e,ce

Asparagus risotto with parmesan, butter and parsley
£11.00/£17.00^v

Pappardelle al Ragù m,c,e,ce,l **house favourite*

Homemade wide ribbon pasta with slow cooked beef in red wine and San Marzano sauce
£13.00/£19.00

Ravioli di Erbette c,e,m,l

Homemade pasta filled with wild rocket, Italian spinach and ricotta cheese served in a butter and sage sauce
£11.00/£17.00 ^v

Tagliatelle con Gamberi c,e,f,m,l

Homemade pasta with prawns served with samphire butter and parsley
£13.00/£18.50

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SECONDI

Intero Sgombro alla griglia

Whole grilled mackerel served with fresh watercress salad and lemon
£19.00

Controfiletto di Manzo mu

Beef sirloin with fresh borlotti beans, roasted datterini tomatoes, wild rocket and salsa verde
£22.00

Saltimbocca di Pollo

Chicken breast wrapped in prosciutto, zucchini trifolati and sage
£19.00

Tortino di Carciofi e Spinaci c,e,m,l

Artichoke and Italian spinach tart, served with mixed Italian leaves
£17.00^v

DOLCI

Crema di Mascarpone m,e,n

with English strawberries and hazelnut croquante
£7.00

Amalfi Lemon Tart m,e,l

with cream fraiche
£7.00

Flourless Soft Chocolate Cake m,e

with crème di mascarpone
£7.00

Affogato m

Vanilla ice cream with chilled espresso
£6.00

CONTORNI £4.00 each

Rocket and tomatoes salad m
with grated pecorino ^v

Roasted potatoes with rosemary and garlic ^{ve}

Italian Spinach and lemon ^{ve}

Please inform the restaurant team of any allergies or dietary requirements.

N-nuts P-peanuts C-cereals containing glutens E-eggs F-fish S-soyaneans CR-crustaceans M-milk CE-celery
MU-mustard SE-sesame L-lupin MO-molluscs SU-sulphur dioxide V-vegetarian VE-vegan

Prices are inclusive of VAT at the current rate. A discretionary 12.5% service charge will be applied to your bill.