

# THEO'S SIMPLE ITALIAN

Lunch Menu Available Every day from 12noon - 3pm

## CICCHETTI

<b>Smoked Almonds</b> <small>n</small>	£3.00v	<b>Zucchini Fritti</b> <small>m,c</small> deep fried courgettes	£4.00v
<b>Marinated Italian Olives</b>	£3.50	<b>Deep fried Calamari</b> <small>c,e,f,m</small> with lemon and aioli	£7.00
<b>Fresh Focaccia</b> <small>c,l</small> with rosemary and salt	£5.00v	<b>Salumi Misti</b> <small>m,c</small> Coppa di Parma, Spianata piccante, Finocchiona, shaved parmesan and pagnotta bread	£12.50/£18.50
<b>Pagnotta Bruschetta</b> <small>c,l</small> with datterini tomatoes, marjoram and olive oil	£5.00v		

## ANTIPASTI

### **Insalata Mista** m,su

Mixed Italian leaves, datterini tomatoes, cucumber, basil, mint and fresh goat's cheese served with aged balsamic

£10.50v

### **Burrata** m,l

Fresh Burrata with Ox tomatoes, datterini tomatoes, black olives, basil and rocket

£11.50v

### **Insalata di Polpo** f

Octopus salad with baby potatoes, datterini tomato, capers, olives, fennel and rocket

£8.50

### **Bresaola di Manzo** m

Cured beef with figs, rocket and shaved Parmigiano-Reggiano

£12.50

## PRIMI

### **Risotto ai Funghi** m,e,ce

Carnaroli rice with Portobello and Porcini mushroom, finished with butter, parmesan and parsley

£12.00 / £18.00 v

### **Pappardelle al Ragù** m,c,e,ce\*house favourite

Homemade wide ribbon pasta with slow cooked beef in red wine and San Marzano sauce

£13.00 / £19.00

### **Ravioli di Zucca** c,e,m

Homemade pasta filled with roasted delicata squash and ricotta cheese served in a butter and sage sauce

£11.00 / £17.00 v

### **Tagliatelle con Gamberi** c,e,f,m

Homemade pasta with prawns served with zucchini, butter and parsley

£12.50 / £18.50

Please inform the restaurant team of any allergies or dietary requirements.

N-nuts P-peanuts C-cereals containing gluten E-eggs F-fish S-soybeans CR-crustaceans M-milk CE-celery  
MU-mustard SE-sesame L-lupin MO-molluscs SU-sulphur dioxide V-vegetarian VE-vegan

Prices are inclusive of VAT at the current rate. A discretionary 12.5% service charge will be applied to your bill.  
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## SECONDI

### **Salmone Arrosto** f

*Pan-roasted salmon served with capers, parsley, tomatoes, olives and marinated grilled vegetables*  
£19.50

### **Controfiletto di Manzo** mu

*Beef sirloin with fresh cannellini beans, roasted datterini tomato, wild rocket and salsa verde*  
£22.00

### **Pollo alla Griglia**

*Grilled marinated chicken breast with castelluccio lentils, roasted squash, chilli and mint dressing*  
£18.50

### **Sformato di Ricotta e Spinaci** c,e,m

*Baked ricotta cheese soufflé with Italian spinach, cream, egg and parmesan served with mixed Italian leaves*  
£17.00 v

## DOLCI

### **Amalfi Lemon Tart** c,m,,e,l

*with cream fraiche*  
£7.00

### **Affogato** m,e

*Vanilla ice cream topped with Italian espresso*  
£6.00

### **Flourless Soft Chocolate Cake** m,e

*with crème di mascarpone*  
£7.00

### **Tiramisu'** n,m,e,c

*Classic Italian homemade tiramisu' with mascarpone cheese  
savoardi biscuits, espresso coffee and amaretto*

£7.00

## CONTORNI £4.00 each

Rocket and tomato salad m  
*with grated pecorino* v

Roasted potatoes with rosemary and garlic ve

Italian Spinach and lemon ve

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